

News flash

Issue 63 28 April 2017



“We first make our habits,
and then our habits make
us.”

The origins of this quote are not clear. I heard it on Chris Evans this morning so for me that will do. However, as the exams approach it did make me think about a quote I do know the origin of: and a quote that is directly linked to the headline. I have always said that attitude is more important than ability (again stolen from the TV set of Sky One's Fantasy Football on a Saturday morning) but its real origin lies with Charles R Swindoll and the full quote says:

“Attitude is more important than facts. It is more important than the past, than education, money, circumstances, than failures and success, than what other people think, say, or do. It is more important than appearance, ability, or skill. It will make or break a business, a home, a friendship, an organization. The remarkable thing is I have a choice every day of what my attitude will be. I cannot change my past. I

cannot change the actions of others. I cannot change the inevitable. The only thing I can change is attitude. Life is ten percent what happens to me and ninety percent how I react to it.” (My emphasis).

It is so good I am going to get it put up in school. Of course the right attitude brings success in all those other areas but it is attitude that comes first every time.

This week I have seen this sort of attitude from many of our students. Especially our year 11s who have stepped up a gear since returning to school after the Easter break. Well done everyone: keep it up - the finishing line is in sight. I am convinced that we are starting to get to a place where positive attitude is very much in evidence across the school.

This week has also been Pay it Forward Week. If you are not sure

what Paying it Forward is then I recommend the film of the same name. In short paying it forward is an expression for describing the beneficiary of a good deed repaying it to others instead of to the original benefactor. So if someone holds a door open for me I will open a door for someone else in return.

Finally it is always amazing who reads this column. To see the things you say turn up in so many other places. Lets hope that all who read this feel up to creating positive attitude as a habit and find their way to paying a good deed forward. Nothing quite beats a random act of kindness.

Have a great long weekend.

Neil

NWHS - EVERY MINUTE COUNTS NUMBER OF LATES THIS WEEK - w/b 24.04.2017

35

Late between 8.25-9.00am - 30 min detention
Late between 9.00-9.30am - 1 hour detention
Late after 9.30am - 2 hour detention and an unauthorised absence

Being late adds up to a loss of learning which will impact upon your child's grades:

5 minutes late every day = 3 days learning lost a year
10 minutes late every day = 6 days learning lost a year
15 minutes late every day = 10 days learning lost a year
20 minutes late every day = 13 days learning lost a year
30 minutes later every day = 19 days learning lost a year

NWHS Friends

Following on from the fantastic Quiz and Chips evening before Easter, we are still on the look out for people to fill some main roles.

We have a Chairperson, which is fantastic, but are still in urgent need of a Treasurer and Secretary.

If you would be interested in taking on one of these roles, please get in touch with Ms Sharp by emailing sharps@nwhs.uk

Diary dates

Not to miss

- 1 May School Closed (Bank Holiday)
- 4 May Year 8 Options Evening, 6-8pm
- 9 May Year 9 Healthy Living & Relationships Day
- 11 May Year 7 Parents Evening (Atrium)

Exams

Monday 8 May GCSE Drama Practical Exams

Study

Study Support/ Revision

GCSE (Year 10 & 11) Art & Photography
Mondays 3 - 4pm A1 & A3, Tuesdays Year 11 only, 3-4.30pm

Year 9 FSMQ Mondays 3 - 4pm

Year 11 Health & Social Care, Mondays, 3-4pm C2

Year 11 History Revision Monday (Week 1) & Friday (Week 2) 3-4pm, Every Thursday, 3-4pm HU5

Year 11 GCSE English Revision Everyday, 3 - 4pm

Year 11 GCSE Drama everyday until 8th May, 3-4pm

Year 11 FSMQ Tuesdays 3 - 4pm

Year 11 Science Mondays (Triple, 3-4pm) C2, Tuesdays (Triple, 3-5pm) C2, Wednesdays (Core 3-4pm), Thursdays (Additional, 3-4pm)

GCSE Maths (Higher) Wednesdays, 3-4pm

Year 11 GCSE Music Wednesdays, 3-4pm

Year 10 & 11 revision support session
Wednesdays 6 - 7pm (Atrium)

MFL Thursdays 3-4pm L2

BTEC Sport/GCSE PE Fridays 3 - 4pm C2/V1

GCSE Art/Photography Fridays 3-5pm

GCSE Food & Nutrition Fridays 3 - 5.30pm

GCSE Geography Fridays, 3-4pm HU1

GCSE Year 11 Maths (Higher & Foundation) Fridays, 3-4pm

Homework Club

Every Tuesday, Wednesday and Thursday 3pm - 4pm, Library

PE Fixtures

After School Clubs

Rounders Club Mondays 3 - 4pm

Art Club Tuesdays 3 - 4pm, A1

War Hammer Club Tuesdays 3 - 4.30pm, A1

Dance Club Tuesdays 3 - 4pm

Hockey Club Tuesdays 3-4.15pm (Years 7, 8 & 9 only)

Workout Wednesday 7.30-7.55am

Gardening Club Wednesdays 3 - 4.30pm

Young Historians Society
(Years 7&8 only) Wednesdays 3 - 4pm (HU4)

Music Tech Club Thursday 12.40-13.20pm

14 Year old North Walsham girl set to take charge on the football pitch

A 14 year old girl from North Walsham is set to take charge of both boys and girls football matches in the county after she passed her level 8 youth football referee exams with the highest score of any candidate in Norfolk.

Gracie East, a student at North Walsham High School, was the youngest candidate taking the exams, and achieved a score of 38 out of 42.

She is already booked up to referee youth games on both Saturdays and Sundays for the next few weeks, with her first game in charge an Under 10s Boys match. When she 16, she will be able to take charge of any age-group game, but until then she is restricted to refereeing teams younger than herself.

Gracie is a member of the Norfolk FA Youth Council and is the Female Participation Support lead. A keen footballer herself, she became interested in refereeing around a year ago.

“I love football, but girls football is not yet that big in the county,” said Gracie. “Refereeing gives me the chance to be involved in both the boys and girls games.”

Gracie is not afraid of taking charge of boys games, saying, “As soon as you blow the whistle, you show them who is in charge of the game. I know what I’m there to do, and I know the rules. You do have to be quite strong, and not take any nonsense.”

“I like the pressure you get as a referee. You know it’s your game – I like being in charge.”

Gracie hopes to follow a career in football.



A week of fun Science lessons!

Next week we have a week of fun practical Science lessons for all students in Years 7, 8, 9 & 10.

We have decided to re-launch the Science department, partly due to the new staff, including Mr Kiff (pictured) our new Acting Head of Science and to engage the students in how fun Science can be.

Students will take part in a range of practical lessons and experiments throughout the week. We will be taking lots of photos for you to see what they get up to.



Hockey & Rounders Clubs

Mr Whiteman has started a new Hockey Club on Tuesdays, 3-4.15pm. This is open to students in Years 7, 8 & 9.

Miss Abel is running Rounders Club on Mondays, 3-4pm. This is open to all students.

New Lockers

Don't forget lockers can be ordered by visiting www.locker.rentals or calling 0845 880 2426. They remain £6 for this term only.

**North
Walsham
High School**

Stay in touch

Call: 01692 402581

Email: office@northwalshamhigh.norfolk.sch.uk

Visit: www.northwalshamhigh.norfolk.sch.uk

Like us on Facebook:
www.facebook.com/northwalshamhighschool

Follow us on Twitter: @NWHS

To report a student absence or email pastoral

Call: 01692 402581 Email: absences@nwhs.uk

SEND:

watersa@nwhs.uk

Pastoral

Year 7: y7@northwalshamhigh.norfolk.sch.uk

Year 8: y8@northwalshamhigh.norfolk.sch.uk

Year 9: y9@northwalshamhigh.norfolk.sch.uk

Year 10: y10@northwalshamhigh.norfolk.sch.uk

Year 11: y11@northwalshamhigh.norfolk.sch.uk

Parents' Forum:

parentsforum@nwhs.uk

Work Based Learning Team:

workbasedlearning@northwalshamhigh.norfolk.sch.uk